



The Bancroft Banner

The Newsletter of the Hubert Bancroft Parent Teacher Association (PTA)

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PTA News

Welcome Back! I hope everyone had a great New Year and survived the big storm. Thanks to our own **Darren** (plant manager) and **Mr. Flores** (our Principal) for checking up on the school during the break. We actually had a leak in one of the portable classrooms and they were able to get the school district on it and move the contents of the room before there was too much damage.

Well, January is already moving along quickly. We already had a wonderful assembly and family night put on by the Davis Explore it program. Thank you to **Shelly Fleming** for coordinating the events!! We have a holiday next week and then before you know it we will be on to the next month of 2008. We have a little down time to get ready for our busy spring. Watch for upcoming events to come in the months ahead.

If you haven't joined the PTA it's not too late. There are envelopes in the office. And if you're interested in helping out with the spring time events or just want to check it out, please attend our meeting held the first Tuesday of the month. We would LOVE to see some new faces!!!

Stay warm and let's hope for sunshine soon!!
Kathleen Iwasa

Holiday Food Drive a Success!!!

Thank You! Thank You! Thank You!!
What a great way to ring in the season of giving!! Thanks to our fantastic Bancroft Families, Teachers, Staff, Student Council and the Senator Lions Club we were able to provide about 2 weeks of food for 37 families in our community!!! I am very proud to be a part of such a generous group. A VERY SPECIAL THANK YOU to **Angie Marin** and **Kelly O'Hagan** (both former Bancroft Parents and PTA Presidents) to whom the overall success is owed. We are very lucky to have such wonderful people contributing to our school.

Principal's News

Dear Bancroft Community,

Happy New Year. I hope that all of you had a terrific holiday season and look forward to a prosperous 2008. I would like all of you to know that we had a terrific month of attendance in December. Our daily average for school attendance was 96%. Nice job, parents! Continue to keep your children strong and healthy. With student health in mind, I asked District School Nurse Wendy Gomez for some tips on keeping our students strong and healthy for the remainder of the winter.

Flu season is here. We would like to supply you with helpful information on how to prevent getting sick and how to prevent spreading illness:

Get plenty of sleep (about 10 hours per night until age 12)
Regular physical activity every day (at least 30 minutes per day)

- ✓ Drink water (at least 16 oz per day)
- ✓ Eat healthy foods
- ✓ A little of all food groups
- ✓ Eat plenty of fresh fruits and vegetables
- ✓ Avoid packaged, high sugar and high fat foods
- ✓ Wash hands with soap and water or hand washing gel frequently especially before eating, after using the restroom, and after using a tissue
- ✓ Do not share food or drinks
- ✓ Keep hands away from eyes, nose and mouth
- ✓ Stay away from others who are sick
- ✓ Cough and sneeze into the bend in your arm rather than your hand
- ✓ Wear appropriate clothing for the weather to maintain normal body temperature
- ✓ Get a flu shot
- ✓ Stay home when you are sick
- ✓ Never come to school with a fever, vomiting, or diarrhea
- ✓ Do not return to school until 24 hours after a fever has stopped

Thank you for helping keep all our kids healthy and safe.

Enrique Flores
Principal

Explorit Family Science Night

Explorit Family Science Night was a HUGE success! Everyone had a wonderful time learning about the human body and ways to keep it healthy. I'd like to thank all of our volunteers, who without them this would not have been possible; Irene Harris, Becky Boulger, Amy VanRees, Julie Borgogno, Martha Scheier, Amanda Shaffer, Lyn Turem, Michele Arnott, Valery Bloom, Mary Kriege, Elizabeth Donham, and Nancy Ball.

Shelly Fleming
PEP Chair

Volunteers Needed for Resource Class

Our resource class needs volunteers to work with students. If you can donate an hour, one day a week (or more!), the Bancroft RSP class needs your help. We have several students who could use some one on one help with reading. If math is your specialty, we have several students who could use some extra help. For more information, please contact Diana Seeman at 382-5940 or stop by room 19.



College Glen Little League

It's that time of year again! Dust off the gear and get excited about playing some ball.

College Glen Little League has an incredible group of dedicated board members ready to help make this a great year for our children. We'll be working hard to create an environment for kids to have memories that will last a life time.

Early registration is January 12th and 13th from 12-2 at Round Table Pizza on La Riviera.

Additionally, we are in dire need of sponsors to help improve the financial well being of College Glen and ensure a smooth season of operating in the black. Please refer any family or organization that would be willing to help the league financially.

Thank you in advance for supporting College Glen Little League. If you have any questions, please do not hesitate to call.

Get ready for another great season!

Robyn Shaldone, President
(916) 383-5098

Harvest Dance Wrap Up

The Harvest Family Dance for 2007 was once again a great success thanks to the many volunteers. Many thanks to those volunteers especially Christina Belvois. Christina and her mother once again volunteered to decorate and did a fabulous job and even lent us some of their own decorations! Special thanks also goes to Mark McClure and Wishing Well, Mark let Bancroft take shameless advantage of Wishing Well and got us all sorts of toys and candies for well below retail. Thanks also to Erin Miller for providing us with a photo op for the children and to Matthew Mills for his time spent screening lyrics, recording music and acting as DJ.

There were about 90 families in attendance and approximately 150 children.

The companies that made generous donations to us this year for door prizes were: Fat Cat Scones, Party America of Folsom, and from the Raley's shopping Center: Starbucks, Image Beauty Salon, and Solutions Nail Spa. Many thanks to these companies and please show them your community support.

I hope everyone had as much fun at the dance as I did planning it. Thanks to everyone who came out and made this dance a success.

Jan Ekblad
Harvest Dance Chair



Are Your Kids a Junk Food Target?

Excerpt from Denise Austin's Morning Stretch

Here's a scary thought: Despite the child obesity epidemic, junk food marketers are still trying to target their empty-calorie products at kids! A report issued by the Institute of Medicine says that research shows kids strongly prefer the foods and beverages they've seen advertised on television, and unfortunately that usually means a sugary cereal, candy, or fruit-flavored drink instead of more wholesome choices like veggies.

Don't wait for advertisers to get the message or for legislators to act! You can help your kids right now by teaching them the basics of eating well, encouraging them to be active, and talking with them about the nutritional content of foods they see advertised on TV. Remember, if you're not counteracting these messages, your kids won't know these foods that look so appealing really aren't good fuel for a growing body. Tell them *why* these foods are "junk," and they'll learn a lesson that can keep them healthy for life!